



## CLASSIC LUNCH BOX MENU

Choose from 3 Classic Lunch Boxes from The Red Cow Inn's Famous Fresh Sandwich/Salad Bar

### Each Lunch Box Contains:

- 1 x Cup of Homemade Soup
- 1 x Packet of Gourmet Crisps
- 1 x Can Mineral or Bottled water
- 1 x Classic Sandwich or Classic Hot Chicken Roll or Classic Salad

Choose 1 from our menu of sandwiches, rolls or salads:

#### Classic Sandwich/Wrap

€10 delivered  
Served on Wholemeal or White Sliced Bread or Fresh Tortilla Wrap (1,7)

#### Classic Hot Fillet Chicken Roll

€12.95 delivered  
Plain or Spicy Chicken Fillet in a fresh baguette (1,7) \*\*

#### Classic Salad

€14.95 delivered

#### THE SPECIAL

Irish Ham, Mature Cheddar, Red Onion & Juicy Tomato. (7,12)

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Mature Cheddar, Red Onion & Juicy Tomato. (7) \*\*

#### The CAESAR

Roast Chicken, Shaved Parmesan, Crispy Bacon, Romaine Lettuce & Croutons, Caesar dressing. (1,3,4,10,12)

#### TRADITIONAL (choose 2)

Limerick Irish Ham (12), Cheddar Cheese (7) Egg Mayonnaise & Rocket (3,10), Red Onion, Beef Tomato, Roast Chicken, Coleslaw salad (3, 12)

#### THE CAJUN

Roast Chicken in a Cajun Spiced Sauce & Rocket Leaves. (3 ,10) \*\*

#### THE MEXICAN

Mature Cheddar, Crispy Bacon, Chilli, Spring Onion & Coriander served with Guacamole & Red Pepper Relish (7,12)

#### FALAFEL WRAP

Falafel, Rocket, Roast pepper & honey mustard dressing (10)

#### HOT & SPICY

Red Peppers, mozzarella, Jalapeno & Sweet Chilli Sauce (7)\*\*

#### CAPRESE SALAD

Buffalo Mozzarella Beef Tomato, Mixed Leaves, Pesto Dressing. (7, 8)

#### ALLERGENS:

Wheat/Oats/Barley = 1 Crustaceans = 2 Eggs = 3 Fish = 4 Peanuts = 5 Soya Beans = 6 Milk = 7 Nuts = 8 Celery = 9 Mustard = 10 Sesame Seeds = 11 Sulphites = 12 Lupin = 13 Molluscs = 14  
May contain traces of nuts or sesame \*\*