## Kids Menu (Under 12 Only) (Add €3 for a kids' meal with a drink and ice cream) **Burger and Chips** €9 A classic Irish beef burger served with chand-cut chips. (la, ll) Chicken Goujons and Chips €9 Golden breaded chicken goujons with hand-cut chips. (1a, 6, 7)Sausages and Mash €9 Juicy pork sausages with creamy mashed potatoes and house gravy. (la, 6, 9, 12) **Kids Fish and Chips** €9 Mini fillet of battered fresh fish with chips and tartare sauce. (1a, 4, 12)Grilled Chicken, Mash, and Gravy €9 Grilled chicken fillet with creamy mash and house gravy. (7, 9, 12)**Butter and Parmesan Pasta** €9 Pasta with butter and freshly grated parmesan. (la, 7)**Desserts Traditional Apple Pie** €9.5 Golden apple tart served warm with crème anglaise and vanilla ice cream. (1a, 3, 6, 7, 12) **New York Style Cheesecake** €9 Creamy cheesecake, topped with spiced mango and berry compote. (6, 7, 10, 12) **Mango and Raspberry Eton Mess** €9 Crunchy meringue with whipped cream, raspberries, and spiced mango. (3, 7, 12)Warm Chocolate Brownie 9.5 (Homemade) Gooey brownie with salted caramel ice cream and toasted walnuts. (3, 6, 7, 8a & b, 12) €8.5 **Ice Cream Sundae** Layered with whipped cream, wafer, homemade chocolate sauce, and creamy ice cream. (1a, 6, 7, 12)



## **ALLERGENS:**

CEREALS CONTAINING GLUTEN = 1: WHEAT 1A, RYE 1B, BARLEY1C, OATS 1D, CRUSTACEANS = 2, EGGS = 3, FISH = 4, PEANUTS = 5, SOYBEAN = 6, MILK = 7, NUTS = 8, WALNUTS 8A, ALMOND 8B, PINENUTS 8C, PECANS 8D, HAZELNUTS 8E, CELERY = 9, MUSTARD = 10, SESAME SEEDS = 11, SULPHUR DIOXIDE & SULPHITES = 12, LUPIN = 13, MOLLUSCS = 14

If you have allergies or dietary requirements, please notify your server.

To reserve a table or an area for that special occasion, please contact us at:

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www.redcowinn.ie





STEAKHOUSE & GRILL MENU



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Small Plates and Starters				Mains	
Chicken Wings of Fire  Main Option  Marinated in bold spices, served with your choice of hot sauce or BBQ glaze, crunchy celery, and a cooling Cashel blue cheese dip. (1a, 3, 7, 9, 10, 12)	€10 €17	MIBRASA®  Mibrasa Oven-Cooked Masterpieces  At the heart of our kitchen is the Mibrasa Oven that combines tradicooking techniques with modern innovusing natural hardwood charcoal, the Mi	tional ation.	Fish and Chips Beer-battered cod with hand-cut chips, minted pea purée, and tartare sauce. (1a, 3, 4, 6, 7, 10, 12) Traditional Bangers & Mash Pork and leek sausages with creamy	
Tempura Prawns  Main Option with hand-cut fries  Crispy tempura prawns served with wasabi mayo and a fresh side salad.  (1a, 2, 3, 9, 10, 12)	€11 €22	oven enhances the flavour of every dish, important a deep, smoky richness that elevates the tate our carefully crafted meals.  The Mibrasa's unique design allows for high grilling and roasting, creating perfectly seexteriors and tender, juicy interiors. Whether	ste of heat eared	butter mash, crispy onions, and house gravy. (1a, 6, 7, 10, 12)  Red Cow Chicken Curry  Tender marinated chicken with peppers and onions in a fragrant curry sauce, served with rice or chips.	
Italian Baked Ciabatta Melt  Garlic & Mushroom Garlic ciabatta topped with sautéed mushrooms and melted cheddar cheese on a bed of mixed leaf salad. (1a, 6, 7, 9, 10, 12)	€9.5	our expertly grilled steaks, burgers, or sea vegetables, the Mibrasa oven infuses each with a signature smoky aroma and a flavour p that can only be achieved with live fire cooks.  Steaks	sonal dish rofile	Vegetarian Curry (1a, 6, 9, 12) Grilled Vegetables Linguini Chargrilled courgette, aubergine, and peppers, tossed with linguini in olive oil, topped with Grana Padano and	
Garlic & Cheese Garlic ciabatta topped with melted cheddar cheese on a bed of mixed leaf salad. (1a, 6, 7, 9, 10, 12)	€7	Prime Irish beef served with grilled Mediterranean vegetables, crispy onions a your choice of hand-cut chips, mash potat or side salad. <b>Sauces:</b> Pepper sauce, hous	oes	parsley. Served with garlic ciabatta. (1a, 7, 9, 12) Add Chicken (1a, 7, 9, 12)	
<b>Chef's Soup of the Day</b> Ask for today's freshly made soup, served with home-	€7	gravy or garlic butter. (1a, 7, 12)  10oz Rib Eye Perfectly chargrilled for	€36	Salads	
made Guinness bread. (1a, c, d, 7, 9, 12)  Loaded Fries  Hand-cut chips topped with bacon, melted cheddar, and garlic mayo. Perfect	€9	tenderness and flavour.  10oz Sirloin A robust, lean steak grilled to your liking.  Surf & Turf Add prawns to any steak	<b>€</b> 36	Chicken Caesar Salad Grilled chicken, crispy bacon, croutons, Grana Padano cheese, and Caesar dressing. (1a, 3, 4, 7, 12) Greek Salad	
for sharing. (1a, 6, 7, 10, 12)  Red Cow Inn Sharing Board  A selection of Mibrasa oven-grilled favourites including BBQ pork belly, roast	€39	Red Cow Inn Sizzler  Sautéed peppers, onions, and courgette, served sizzling with your choice of protein Chicken	: €19	Crisp lettuce, cucumber, tomatoes, onions, feta cheese, and vinaigrette. (3, 4, 7, 12)	
chicken, lamb kofta, and sausages, with chips, salad, coleslaw, and homemade		Tiger Prawns	€22	Sides	
dips. (1a, 3, 6, 7, 9, 10, 11, 12) <b>Mains</b>		<b>6oz Sirloin</b> Served with rice or chips, and a choice of Hoi Sin, Sweet Chilli & Soya, or Black	€22	Hand Cut Chips $(la)$ Garlic and Parmesan Chips	
Classic Mix Grill A hearty combo of sirloin steak, rashers, lamb kofta, sausages, grilled tomato, and fried egg,	€25	Bean sauce. (2, 6, 9, 11, 12)  Burgers & Sandwiches		(1a, 7) Grilled Vegetables (12) Hand Cut Chips (1a)	
served with chips and pepper sauce. (1a, 7, 9, 10, 12)		Double Bacon & Cheeseburger	€19	Spiced Potato Wedges $(1a)$ Mashed Potato $(7)$	
Rotisserie Half Roast Chicken Roasted half chicken, stuffed with flavourful fillings, served with mash or chips, seasonal vegetables, and thyme jus. (1a, 7, 10, 12)	€21	Two 4oz beef patties with cheddar, bacon, lettuce, tomato, onion, pickles, and fries. (1a, 3, 6, 7, 10, 12)  Chicken Burger  Buttermilk-marinated chicken breast	<b>€</b> 19	Spiced Onion Rings (1a) Seasonal Vegetables (7) Side Salad (6, 10, 12) Coleslaw (3, 6, 9, 10, 12)	
Prime Irish Roast Beef Tender feather blade beef slow-cooked, served with mash, seasonal veggies, and house gravy. (6, 7, 12)	€22	with Cajun mayo, pepper rocket, tomato, and fries. (1a, 3, 6, 9, 10, 12)  Steak Sandwich  6oz rump steak on ciabatta with	€21	Garlic, BBQ, or Sweet Chilli Dip (3, 6, 9, 10, 12) Pepper Sauce, Wings Sauce 6, 7, 12)	
Sticky BBQ Pork Belly Succulent pork belly glazed with BBQ sauce, served with spicy wedges, grilled vegetables, and toasted sesame seeds.	€19	wasabi mayo, lettuce, sautéed onions, jalapeños, and fries. (1a, 3, 7, 12)  Hot Beef Sandwich  Succulent beef on sourdough with sautéed onions, wasabi mayo, and coleslaw	€15	Group Bookings & Private Function Whether it's a corporate event, family gathering, or special celebration, we of groupbookings and private function room	

onions, wasabi mayo, and coleslaw,

served with chips. (1a, 3, 6, 10, 12)

(1a, 6, 11,12.)

€20

€18

€18

€15

€16

€19

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€13

€5 €6.5

€5 €5 €4.5 €4 €5 €4 €4 €4 €1.5

€2.5

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cater to all your needs. Ask staff for more info.