



Steakhouse Evening Menu

Starters

WINGS OF FIRE €9.95/€16.95

Crispy chicken wings marinated in blend of spices, tossed in our famous hot sauce or sticky BBQ with celery sticks & Stilton blue dip (1a, 3, 7, 9, 10, 12)

CHICKEN AND BACON TERRINE €9.50

Mixed leaves, toasted house Guinness bread, smokey bbq mayo (1a, c, d, 3, 4, 6, 10, 12)

GARLIC & CHILLI PRAWNS €11.95/€21.95

Pink tails of wild Argentinian prawns, crispy baguette (1a, 2, 3, 6, 10, 12)

NACHOS MONTANA €9.95/€16.95

Crunchy corn chips loaded with choice of chicken or spicy pork and cheddar, served with tomato salsa, fresh guacamole and sour cream (6, 7, 10, 12)

CHEF'S SOUP OF DAY €6.50

With house Guinness bread (1a, c, 7, 9, 12)

Salads

GRILLED CHICKEN CAESAR SALAD €9.95/€16.95

Chargrilled buttermilk breast of chicken, baby gem, streaky bacon, croutons, freshly grated Grana Padano and classic Caesar dressing (1a, 3, 4, 7, 12)

COUS COUS BOWL €9.95/€16.95

Our popular vegan bowl with baked sweet potatoes, tenderstem broccoli, spiced chickpeas, rocket, cherry tomatoes, and balsamic reduction (1a, 11, 12)

Mains

SUPREME OF IRISH CHICKEN €20.95

Roast and pureed sweet potatoes, baby corn, tender stem broccoli, Gubbeen bacon sauce (7, 12)

ROAST BEEF €21.95

Slow cooked Featherblade of Irish beef, butter mash, vegetables, house gravy or creamy pepper sauce (6, 7, 12)

SHORT BBQ PORK RIBS €21.95

Mash, red kidney beans and bacon stew, corn on the cob

FISH AND CHIPS €18.95

House special- Fresh Haddock in a crispy Five Lamps batter with hand cut chunky chips, minted pea puree and chunky lime tartare sauce (1a, 3, 4, 6, 7, 10, 12)

RED COW INN SIZZLER

CHICKEN €18.95

PINK PRAWN TAILS €21.95

Bell peppers, onions and courgette, blend of soya and chilli sauces on hot skillet, served with basmati rice (2, 6, 9, 11, 12)

WILD MUSHROOM RIGATONI €16.95

Shimeji mushrooms, squash and chickpeas with creamy wine sauce and grana Padano shavings (1a, 7, 12)

ADD CHICKEN €4

All of our beef is of Irish origin

Steaks

8OZ FILLET €34

10OZ SIRLOIN €32

10OZ RIBEYE €32

All steaks are served with hand-cut chunky chips, braised portobello mushroom, spiced onion rings and pepper sauce or garlic butter (1a, 7, 12)

Burgers

HOMEMADE 8OZ BEEF BURGER €18.95

Prime Irish beef burger, Monterey Jack cheese, baby gem, tomato, red onion (1a, 3, 6, 7, 10, 12)

CHICKEN BURGER €17.95

Buttermilk breast of chicken, rocket, Cajun mayo, iceberg, beef tomatoes (1a, 3, 6, 7, 10, 12)

STEAK SANDWICH €19.95

Chargrilled 6oz aged Striploin, crispy ciabatta, chipotle mayo, wild rocket, sauteed onions, beef tomatoes (1a, 3, 7, 12)

Burgers and sandwiches are served with hand-cut chunky chips and slaw of the day.

Sides

HAND CUT CHUNKY CHIPS (1A) €5

SPICED POTATO WEDGES (1A) €4.50

MASHED POTATO 7 €4.50

SPICY ONION RINGS (1 A, 12) €5

SEASONAL VEGETABLES 7 €4

SIDE SALAD (6, 10, 12) OR COLESLAW (3, 6, 9, 10, 12) €4

GARLIC, BBQ OR SWEET CHILLI DIP (3, 6, 9, 10, 12) €1.50

PEPPER SAUCE (6, 7, 12) €2.50

Desserts

CARAMELISED APPLE TART €9

Our famous apple tart served with crème anglaise and vanilla ice cream (1a, 3, 6, 7, 12)

RASPBERRY PASSION FRUIT ETON MESS €9

Crunchy meringue pieces and freshly whipped cream accompanied by fresh raspberries and passion fruit (3, 7)

VANILLA CRÈME BRULÉE €9

With crunchy cookie and fresh berries (1a, 3, 6, 7, 12)

ICE CREAM SUNDAE €8.50

With freshly whipped cream and home-made dark chocolate sauce (6, 7)

WARM CHOCOLATE BROWNIE €9

Salted caramel ice cream, toasted walnuts (1a, 3, 7, 8a, b, d, 12)

Allergen List: 1 Cereals containing gluten / 1a Wheat / 1b Rye / 1c Barley / 1d Oats / 2 Crustaceans / 3 Eggs / 4 Fish / 5 Peanuts / 6 Soybeans / 7 Milk / 8 Tree Nuts / 8a Walnuts / 8b Almonds / 8c pine nuts / 8d Pecans / 9 Celery / 10 Mustard / 11 Sesame / 12 Sulphites / 13 Lupin / 14 Molluscs